



Dear Parents/Carers,

You may be aware that the requirement for schools to teach Relationship and Sex Education as a statutory subject has been introduced by the Department for Education in September 2020.

We define 'Relationship and Sex Education' as lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love, and care. It is also about the teaching of sex, sexuality, and sexual health.

We believe Relationship and Sex Education is important to our students and our school because effective education is essential if young people are to make responsible and well-informed decisions about their lives and develop healthy, nurturing relationships of all kinds, not just intimate relationships. Our programme will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

I enclose an overview for your children's year groups showing how we have integrated new learning relating to the Relationships & Health Education curriculum within the Personal, Social & Health Education (PSHE) curriculum.

The full PSHE curriculum, including Relationship & Sex, Health and Careers education, is available on the school website via the following link:

<https://www.whitbyhigh.org/curriculum/pshce/>

Under normal circumstances, we would consult with parents/carers via a meeting in school. We are currently unable to do this and so we ask for you to complete the online survey linked below or provide feedback via the following email: [RSE@whitbyhs.cheshire.sch.uk](mailto:RSE@whitbyhs.cheshire.sch.uk)  
<https://forms.gle/qz9bNNRcJXPBZrQY9>

If any parent/carers wish to discuss the curriculum further, have any questions specifically relating to their child's year group or wish to review teaching materials, then please use the above email to request an appointment with Miss L Russell (PSHE Coordinator).

Thank you for your continued support.

Yours sincerely,

Miss L Russell  
PSHE Coordinator

